

RNAV 1 - DME/DME/IRU or GPS.

RADAR required.

NORFOLK APP CON

118.9 353.7

LFI ATIS

270.1

KNGU ATIS

118.425 338.225

KNTU ATIS*

317.6

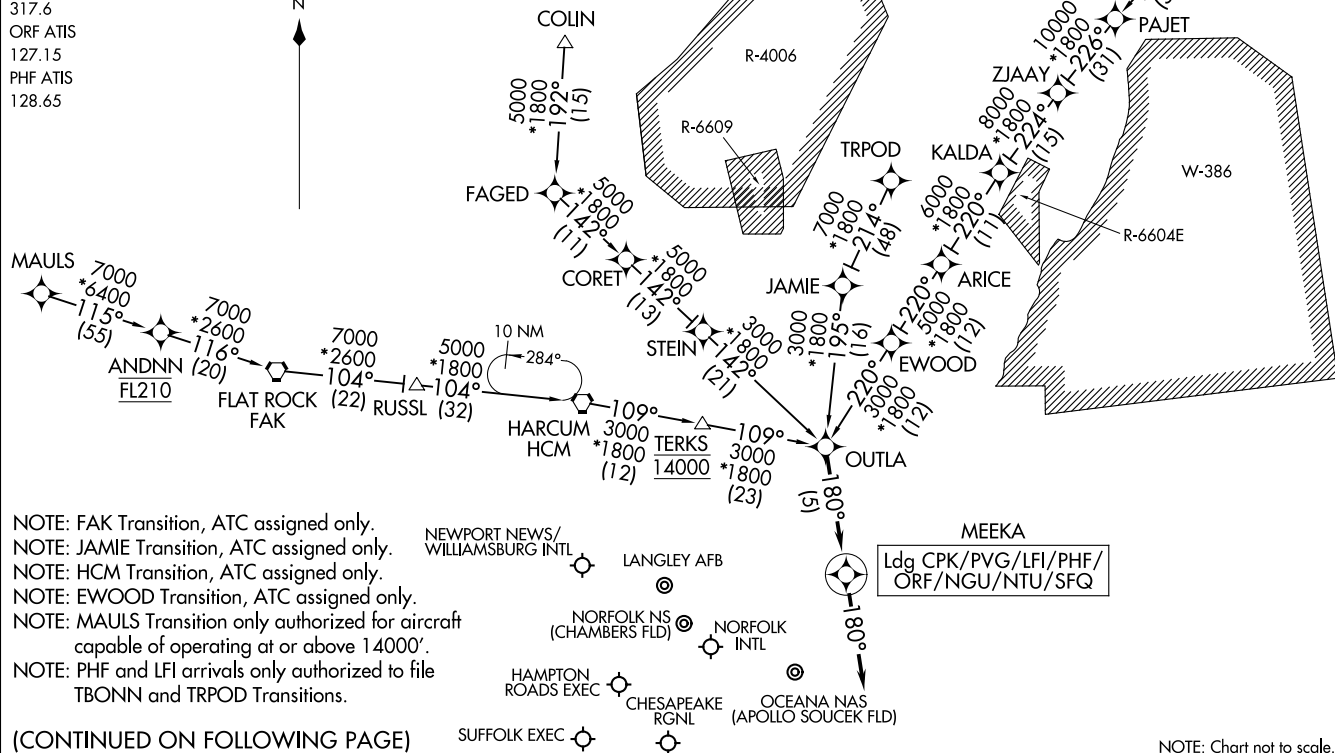
ORF ATIS

127.15

PHF ATIS

128.65

N



NOTE: FAK Transition, ATC assigned only.

NOTE: JAMIE Transition, ATC assigned only.

NOTE: HCM Transition, ATC assigned only.

NOTE: EWOOD Transition, ATC assigned only.

NOTE: MAULS Transition only authorized for aircraft

capable of operating at or above 14000'.

NOTE: PHF and LFI arrivals only authorized to file
TBOONN and TRPOD Transitions.

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NOTE: Chart not to scale.

OUTLA ONE ARRIVAL (RNAV)

AL-291 (FAA)

NORFOLK, VIRGINIA

OUTLA ONE ARRIVAL (RNAV)

(OUTLA, OUTLA1) 22JAN26

NORFOLK, VIRGINIA

ARRIVAL ROUTE DESCRIPTION

- COLIN TRANSITION (COLIN.OUTLA1)
- EWOOD TRANSITION (EWOOD.OUTLA1)
- FLAT ROCK TRANSITION (FAK.OUTLA1)
- HARCUM TRANSITION (HCM.OUTLA1)
- JAMIE TRANSITION (JAMIE.OUTLA1)
- MAULS TRANSITION (MAULS.OUTLA1)
- TBONN TRANSITION (TBONN.OUTLA1)
- TRPOD TRANSITION (TRPOD.OUTLA1)

LANDING ALL AIRPORTS: From OUTLA on track 180° to MEEKA, then on track 180°. Expect RADAR vectors to final approach course.

NE-3, 22 JAN 2026 to 19 FEB 2026

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