

AL-142 (FAA)

**TOP ALTITUDE:  
 ASSIGNED BY ATC**

ATIS  
 128.65  
 CLNC DEL  
 127.175  
 GND CON  
 121.8 339.8  
 PAINE TOWER\*  
 132.95 (CTAF) 256.7  
 SEATTLE DEP CON  
 128.5 306.9

WHIDBEY ISLAND  
 Chan 85  
 NUW  
 (113.8)



PAINE  
 110.6 PAE  
 Chan 43

SEATTLE  
 116.8 SEA  
 Chan 115

WENATCHEE  
 114.35 EAT  
 Chan 90(Y)

ELLENSBURG  
 117.9 ELN  
 Chan 126

OLYMPIA  
 113.4 OLM  
 Chan 81

HOGUAM  
 117.7 HQM  
 Chan 124

YAKIMA  
 116.0 YKM  
 Chan 107

**TAKEOFF MINIMUMS**  
 Rwy 16L/R, 34L/R: Standard.

NOTE: RADAR required.  
 NOTE: ATC may assign initial heading to be flown and vector departures in all quadrants within 10 miles of the Seattle Paine Fld Intl Airport provided no altitude restrictions imposed prior to reaching MVA.

NOTE: Chart not to scale.

**DEPARTURE ROUTE DESCRIPTION**

- TAKEOFF RUNWAY 16L: Climb heading 164° . . .
- TAKEOFF RUNWAY 16R: Climb heading 163° . . .
- TAKEOFF RUNWAY 34L: Climb heading 343° . . .
- TAKEOFF RUNWAY 34R: Climb heading 344° . . .

. . . or as assigned for RADAR vectors to join assigned route. Maintain assigned altitude: expect filed altitude flight level five minutes after departure.

LOST COMMUNICATIONS: If not in contact with Seattle approach upon reaching 2000, continue climb to assigned altitude and proceed direct to PAE VOR/DME. Thence via assigned route.

NW-1, 19 FEB 2026 to 19 MAR 2026

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