

(TRSTN.TRSTN4) 25051

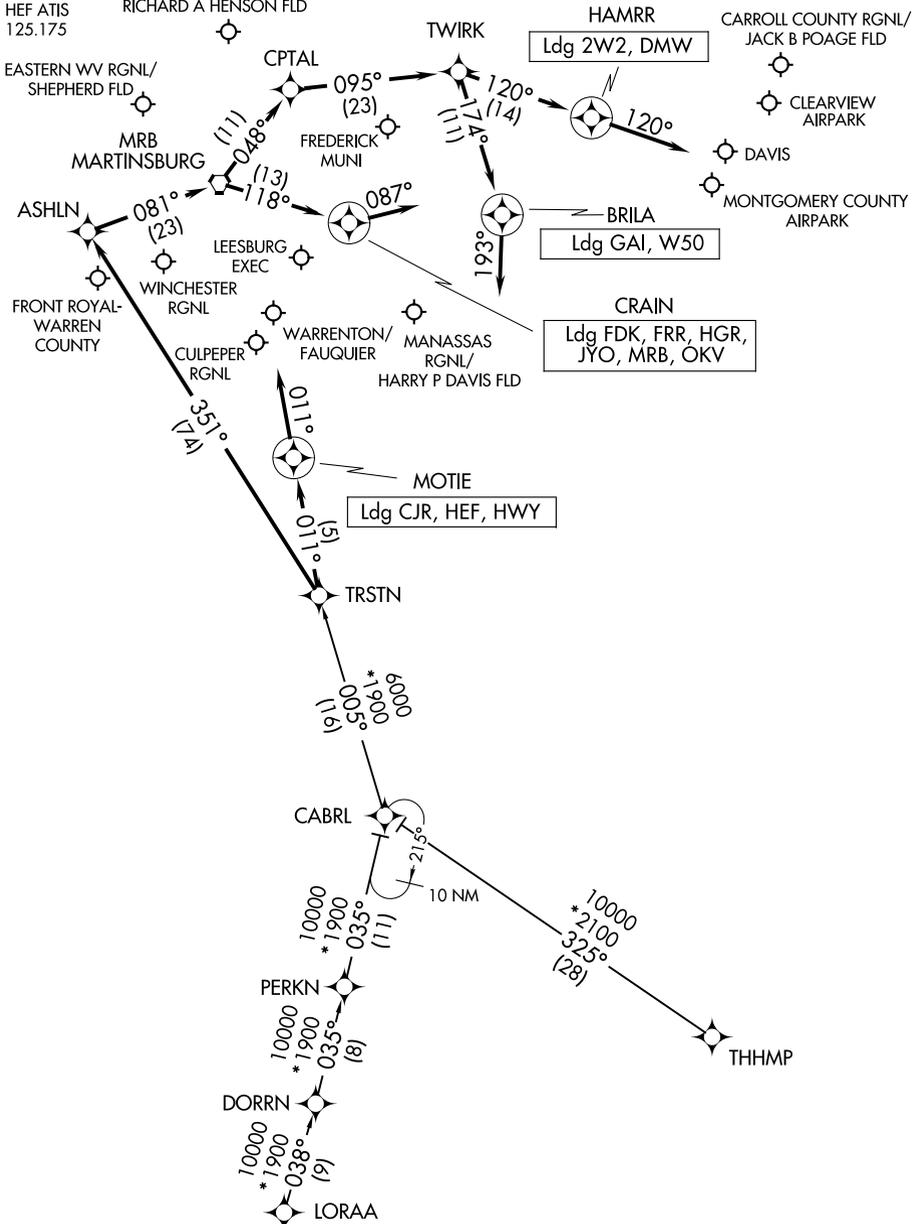
# TRSTN FOUR ARRIVAL (RNAV)

AL-5326

WASHINGTON, D.C.

POTOMAC APP CON  
126.75 307.2  
FDK ATIS  
124.875  
HEF ATIS  
125.175

RNAV 1 - DME/DME/IRU or GPS.  
RADAR required.



NE-3, 19 FEB 2026 to 19 MAR 2026

NE-3, 19 FEB 2026 to 19 MAR 2026

(CONTINUED ON FOLLOWING PAGE)

NOTE: Chart not to scale.

# TRSTN FOUR ARRIVAL (RNAV)

(TRSTN.TRSTN4) 20FEB25

WASHINGTON, D.C.

ARRIVAL ROUTE DESCRIPTION

LORAA TRANSITION (LORAA.TRSTN4):

THHMP TRANSITION (THHMP.TRSTN4):

LANDING DMW/2W2: From TRSTN on track 351° to ASHLN, then on track 081° to MRB VORTAC, then on track 048° to CPTAL, then on track 095° to TWIRK, then on track 120° to HAMRR, then on heading 120°. Expect RADAR vectors to final approach course.

LANDING CJR/HWY/HEF: From TRSTN on track 011° to MOTIE, then on track 011°. Expect RADAR vectors to final approach course.

LANDING FDK/MRB/JYO/FRR/HGR/OKV: From TRSTN on track 351° to ASHLN, then on track 081° to MRB VORTAC, then on track 118° to CRAIN, then on heading 087°. Expect RADAR vectors to final approach course.

LANDING W50/GAI: From TRSTN on track 351° to ASHLN, then on track 081° to MRB VORTAC, then on track 048° to CPTAL, then on track 095° to TWIRK, then on track 174° to BRILA, then on heading 193°. Expect RADAR vectors to final approach course.

NE-3, 19 FEB 2026 to 19 MAR 2026

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