

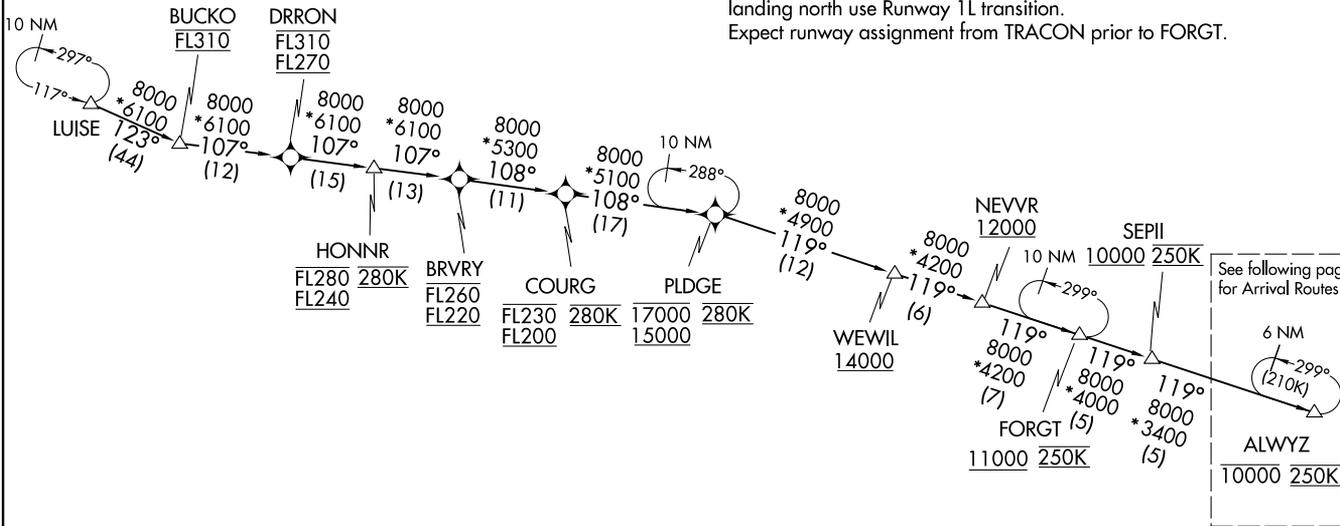
FRDMM SIX ARRIVAL (RNAV) Transition Routes
(ALWYZ.FRDMM6) 16MAY24

POTOMAC APP CON
118.675 323.175
DCA D-ATIS
132.65
ADW D-ATIS
133.675 251.05
DAA ATIS ★
128.175

RNAV-1 DME/DME/IRU or GPS.
RADAR required.

BUCKO TRANSITION (BUCKO.FRDMM6):
LUISE TRANSITION (LUISE.FRDMM6):

NOTE: Jet aircraft only.
NOTE: Turboprop aircraft as assigned by ATC only.
NOTE: PROHIBITED AREA (P-56) 1.5 NM north of KDCA - AVOID - surface to FL180.
NOTE: Landing south at DCA use Runway 19 transition, landing north use Runway 1 transition.
Landing south at ADW use Runway 19R transition, landing north use Runway 1L transition.
Expect runway assignment from TRACON prior to FORGT.



See following page for Arrival Routes.
6 NM
297°
(210K)
ALWYZ
10000 250K

(CONTINUED ON FOLLOWING PAGE)

NOTE: Chart not to scale.

WASHINGTON, DC

FRDMM SIX ARRIVAL (RNAV) Transition Routes
(ALWYZ.FRDMM6) 24137

AL-443 (FAA)

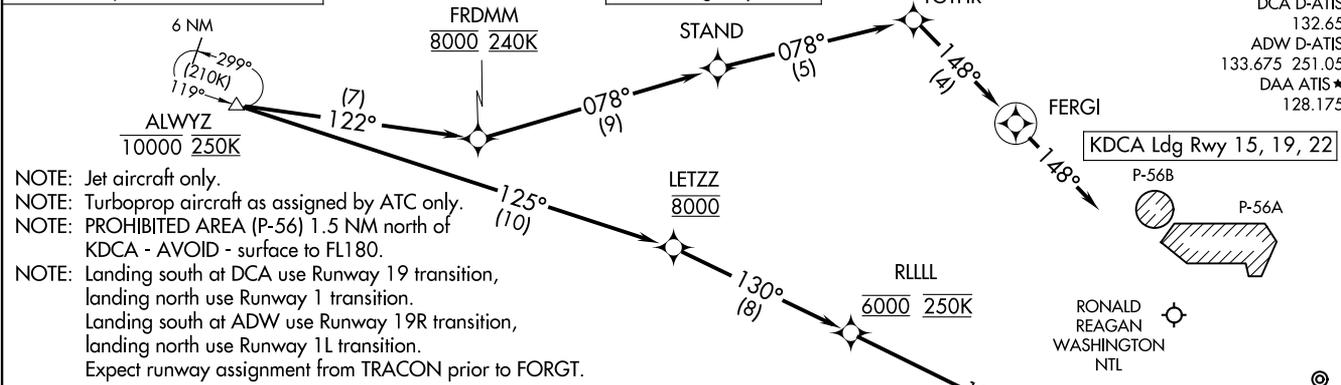
WASHINGTON, DC

FRDMM SIX ARRIVAL (RNAV) Arrival Routes
 (ALWYZ,FRDMM6) 16MAY24

Arrival Routes

WASHINGTON, DC

RNAV-1 DME/DME/IRU or GPS.
 RADAR required.



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 Expect runway assignment from TRACON prior to FORGT.

ARRIVAL ROUTE DESCRIPTION

LANDING ADW RUNWAY 1L/R: From ALWYZ on track 125° to cross LETZZ at 8000, then on track 130° to cross RLLLL at 6000 and at 250K, then on track 131° to VCTRY, then on track 189° to HEROO, then on track 189°.

LANDING ADW RUNWAY 19L/R: From ALWYZ on track 122° to cross FRDMM at 8000 and at 240K, then on track 078° to STAND. Expect RADAR vectors to final approach course.

LANDING DCA RUNWAY 1, 4, 33: From ALWYZ on track 125° to cross LETZZ at 8000, then on track 130° to cross RLLLL at 6000 and at 250K, then on track 131° to VCTRY, then on track 189° to HEROO, then on track 189°.

LANDING DCA RUNWAY 15, 19, 22: From ALWYZ on track 122° to cross FRDMM at 8000 and at 240K, then on track 078° to STAND, then on track 078° to TGTHR, then on track 148° to FERGI, then on track 148°.

LANDING DAA: From ALWYZ on track 125° to cross LETZZ at 8000, then on track 130° to cross RLLLL at 6000 and at 250K, then on track 131° to VCTRY, then on track 189° to HEROO, then on track 189°.

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|-----------------------|
| KDCA Ldg Rwy 1, 4, 33 |
| KADW Ldg Rwy 1 L/R |
| Ldg KDA A |

NOTE: Chart not to scale.

FRDMM SIX ARRIVAL (RNAV) Arrival Routes
 (ALWYZ,FRDMM6) 24137

Arrival Routes

WASHINGTON, DC

AL-443 (FAA)